



THE 2-IN-1

# HOME AND BATHROOM

Safety Checklist

*For a better and safer home*





# HOME

## Safety Checklist

### ROOMS

- Is the temperature constantly regulated?
- Are emergency hotlines listed in every room?
- Are the light bulbs fully operating well?
- Are there smoke alarms installed?
- Are there any accessible first aid kits ready?

### KITCHEN

- Does the gas stove have safety locks?
- Are heavy kitchen items accessible within reach?
- Are there cabinet locks installed?
- Are sharp accessories like knives and blenders kept out of reach?



# HOME

## Safety Checklist

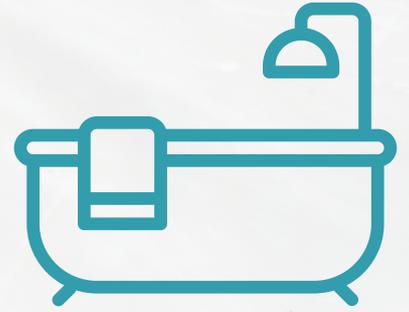
### ELECTRICITY

- Are walkable areas free from wires?
- Are appliances and devices unplugged when not in use?
- Are there no overloaded electrical outlets?
- Are there no warm electrical outlets?

### OVERALL GENERAL SAFETY

- Do the stairs have properly installed railings?
- Are firearms unloaded and kept out of reach?
- Are all furniture sturdy and secured on a wall?
- Is there a fire extinguisher present in the house?
- Is there a security system for home security?

# BATHROOM SAFETY 101



1

## **Install raised toilet seat**

Sitting in a toilet for a prolonged time can be hard especially for people with weak muscles. Installing a raised toilet seat can provide less pressure to your joints and muscles for a comfortable sitting.

2

## **Keep bathroom essentials within reach**

Making essentials accessible within reach consume less strength and effort making bathing easier.

3

## **Install grab bars**

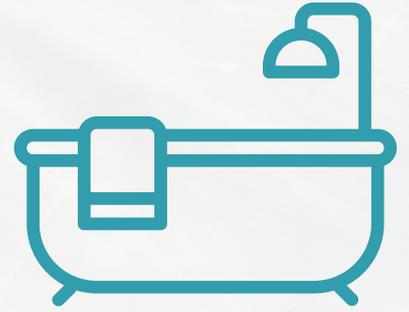
Bathrooms can be slippery at all times making people prone to falling and be out of balanced. Grab bars help maintain your balance and prevents you from slipping at times.

4

## **Monitor heater temperature**

Avoid scorching hot water or extreme freezing water that can lead to burns and scalds. Make sure to monitor and check your heater temperature before turning your shower. Keep temperature to a maximum of 105 degrees.

# BATHROOM SAFETY 101



5

## Keep electronics out of wet areas

Store blowers, dryers, electronic irons and other electrical equipment on higher cabinets and use them out of wet areas to prevent shocks and accidents.

6

## Organize and safely keep medicines

Make sure to keep and organize your medicines in proper containers and properly labeled. Keep them separated away from other essentials such as shampoo, soap etc.

7

## Keep cleaning products out of reach

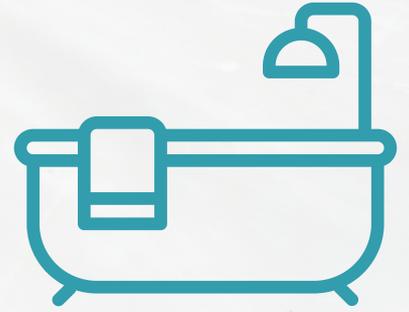
Cleaning products contain chemicals that can be poisonous and hazardous. Keep them out of reach as well as where the water is flowing for safety.

8

## Clean and declutter regularly

Bathrooms can get dirty and cluttered over time to the point they would produce grime, molds and bacteria.. Make sure you clean and declutter regularly to prevent slips, accidents and infections

# BATHROOM SAFETY 101



9

## Acquire tractions

Bathrooms are prone to slips and falls. Make sure to add tractions on your floor like rugs and mats for safety bathroom walks.

10

## Have good lighting

Make sure to have a clear pathway when going to the bathroom to avoid stumbles, slips and falls.



**Contact support**  
[www.3waycut.com](http://www.3waycut.com)



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